

7 Day Menu

Nobody goes hungry on location when a Luxury Catering Co chef is dishing up!

Page 1 of 5



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST						
Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast	Continental breakfast
Full English breakfast	Full English breakfast	Full English breakfast	Full English breakfast	Full English breakfast	Full English breakfast	Full English breakfast
White fish omelette with cream & fresh dill	Arepas with egg, avocado & Creole sauce	Fresh breakfast egg noodle	Scrambled eggs with asparagus & prawns	Avocado on toast with smoked salmon	Roast tomato rubbed toast	Sweet potato breakfast bowl
LUNCH						
MEAT						
Stovetop chicken pot pie	Pork tenderloin with creamy potato & orange-ginger gravy	Light chicken parmesan with a tomato & basil sauce	Lamb steak with tomato & spinach pilau	Chicken adobo over gingery rice	Lamb with honey-roast figs & tender stem	Pork chops with creamy bourbon mushroom sauce
Summer roast lamb with tomato & caper marinade	Nigerian suya spicy beef skewers	Alfresco roast beef salad	Cuban pork chops with mojo	Beef enchiladas with spiced salad	Lemon ricotta parmesan pasta with spinach & grilled chicken	Beef noodle salad bowl with peanut sauce

THE LUXURY CATERING COMPANY LTD

Unit 1, Mushroom Park, Nazeing, EN9 2DY

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Company Registration: 10551819 Registered Office: 12 West Street, Ware, SG12 9EE VAT NO: 259 3736 67

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Page 2 of 5



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FISH						
Halibut confit with leeks, coriander & lemon	Spicy merguez & cod tray roast	Crab, avocado & lime salad	Char-grilled tuna with pickled cucumber & watercress salad	Grilled stuff plaice with asparagus & prawns in a white wine sauce	One pan Moroccan fish	Cod & green lentils
VEGETARIAN						
Orange, fennel & wild rice salad	Risotto with butternut squash, leeks, & basil	Blood orange & roasted beet salad with yogurt, tarragon & hazelnuts	Roasted sweet potato salad with barley & arugula	Spiced vegetable schist with a bbq dressing	Vegetable chilli con with rice & side of tacos with salsa & melt cheese	Gratin of roasted peppers, basil & feta cheese
DESSERT						
Manuka honey cheese cake with raspberries	Fresh lemon tart	Pimm's & strawberry cobber	Chocolate pots with clotted cream	Lemon curd & ginger fool	Manuka honey Cheese Cake with raspberries	Lemon mousse
Strawberry panna cotta	Banana strawberry crunch	Italian affogato	Courgette cake	Souffle omelette with vanilla apricots	Fresh fruit platter	Caramel apple with butterscotch sauce
Fresh fruit platter	Fruit Salad with berries	Warm tarte tatin with vanilla ice-cream	Aperol & grapefruit citrus jellies	Fondue fruit platter	Marinated cheese platter	Fruit Salad with berries
Marinated cheese platter						

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Page 3 of 5



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AFTERNOON TEA						
Selection of quality sandwiches on a selection of different breads	Vegetable spring rolls & samosa	Mixed salad platter	Cucumber smoked salmon bites with lemon dill cream cheese	Crab & watercress souffle tart	Individual crab, avocado & lime salad bowls	Cherry tomato & herb puff tart
Selection of quiche, meat & vegetarian	Smoked salmon & cream cheese bagel bites	Selection dim sum	Individual salad cups with rhubarb vinaigrette	Chicken katsu crescents	Stuff celery sticks	Ploughman's scones
Wild salmon, pickled gherkins, crème fraiche & dill	Selection of freshly filled finger rolls	Prawn & rice coconut boxes	Asparagus & taleggio tart	Crudités platter	Selection of mini savoury	Mini salt beef bagels
	Mini Italian club sandwiches	Mozzarella & sundried tomato crostini		Chicken satay sticks with chilli dip	Filo bites	Small continental platter
		Mini red pepper & feta tarts			Summer sausage rolls	Selection of mini wraps

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Page 4 of 5



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Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

SUPPER

MEAT

Lamb steaks with tomato & spinach pilau	Baked chicken with aubergine, courgette & tomato ragout	Pepper lamb steak with a green bean, red onion & pecorino salad	Cuban pork fillets with Mojo	Italian meatloaf with pancetta	Mini beef taco cups	Glaze stuff pork belly with a apple & mustard dressing
Sticky lemon chicken	Beef noodle salad bowl with peanut sauce	Baked pork chops with a piquant sauce	Chicken biryani with a side of vegetable curry	Spring lamb, vegetable platter, mint sauce, Chianti gravy	Charred chicken with sweet potatoes & oranges	Beef olives in red wine sauce with duchess potato

FISH

Sea bass with noodle salad	Portuguese style steamed clams	Hot smoked mackerel with a horseradish dressing & citrus salad	Stuffed cod loin with asparagus in a cheese & white wine sauce	Cod Loins on a bed of creamed spinach with butterflied king prawns & fresh scallops	Red mullet with pomegranate & wild rice	Italian baked cod laid on a bed of pasta with a side of fresh olive bread
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VEGETARIAN						
Roasted chestnut & herb pesto pasta with mushrooms	Roasted salad with spelt, dukkha & preserved lemon dressing	Pomegranate, persimmon, & pistachio wild rice salad	Roast asparagus bowl with tahini lemon dressing	Roast carrot & spelt salad with dukkha & preserved lemon dressing	Lighter Asian noodle salad	Leek farro risotto with toasted hazelnuts
DESSERT						
Manuka honey cheese Cake with raspberries	Lemon mousse Caramel apple with butterscotch sauce	Pimm's & strawberry cobber Italian affogato	Chocolate pots with clotted cream Courgette cake	Lemon curd & ginger fool Souffle omelette with vanilla apricots	Manuka honey cheese Cake with Raspberries	Lemon mousse Caramel apple with butterscotch sauce
Strawberry panna cotta	Banana strawberry crunch	Mini fruit skewers with chocolate sauce	Aperol & grapefruit citrus jellies	Fondue fruit platter	Strawberry panna cotta	Banana strawberry crunch
Fresh fruit platter	Fruit salad with berries				Fresh fruit platter	Fruit salad with berries
Marinated cheese platter					Marinated cheese platter	

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